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50 September 2018 | Vol 12 • Issue 2 | Pages 122

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hair hues at the
turn of the season

LEAVE IT TO YOGA

Trust these yoga
postures to give you the
healthiest mane ever

HOT OFF THE RAMPS

Latest autumn/winter hair inspiration
from leading international runways

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**THE ESSENTIAL
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Spenta Multimedia Pvt Ltd,
Peninsula Spenta, Mathuradas Mill Compound,
N.M. Joshi Marg, Lower Parel (W), Mumbai 400 013.
Tel: 022-2481 1010 / 6734 1010; Fax: 022-2481 1021
E-mail: editorial.hair@gmail.com

EDITOR & PUBLISHER
Maneck Davar

EDITORIAL

Deputy Editor

Heena Desai

Senior Assistant Editor
Sukriti Shahi

DESIGN

Asst. Art Director

Yogita Iyer

Senior Designer

Namrata D. Shelar

Graphic Designer

Sunil Kadam

Digital Imaging

Ninad Jadhav

Rohit Nayak

STAFF PHOTOGRAPHER

Dhiman Chatterjee

CIRCULATION & SUBSCRIPTION

Bhauvik Melta

Robert Gomes

Suresh Sale

Bhairavnath Sutar

ADMINISTRATION

Senior Vice President

Bobby Daniel

MARKETING

Director Marketing & Sales: Geetu Rai

Mumbai: Sudhir Valvra/Ashwin Iyer

2nd Floor, Peninsula Spenta, Mathuradas Mill Compound,

N.M. Joshi Marg, Lower Parel, Mumbai 400 013.

Tel: 022-2481 1066/ 09820200737 Fax: 022-2481 10

ashwin@spentamultimedia.com

New Delhi: Bhavna Oberoi/Arti Marwah

1102, 11th Floor, Akashdeep Building,

26/A, Barakhamba Road, New Delhi - 110 001

Tel: 011-46699999/ 09818448014

arti@spentamultimedia.com

Bangalore: Tins Pillai/Sandeep Kumar

No.606, 1st floor, Rear Building, 80 Feet Road, 3rd Cross

Opp. Koramangala Police Station, Bangalore - 560 095

Tel: 080 4161 8966 / 080 4161 8977

Kolkata: Pulak Ghosh

32/6 Gariahat Road (S), Dhakuria,

Ground Floor, Kolkata - 700 031.

Tel: 033-4073 5025

Chennai: Shoba Rebecca/Anitha V.

8/4, first floor, Meridian House

Mountbath Lane, Egmore, Chennai - 600008

Tel: 044-42188984 / 85 / 98840 55523

Gujarat: Sanjay Chavda

sanjaychavda@gmail.com Tel: 9824043072

SPENTA ONLINE Viraf B. Hansotia

HAIR, the monthly magazine of SPENTA MULTIMEDIA PVT LTD, is printed, published and edited by Maneck Davar on behalf of Spenta Multimedia Pvt Ltd. Published from Spenta Multimedia Pvt Ltd, Peninsula Spenta, Mathuradas Mill Compound, N.M. Joshi Marg, Lower Parel (W), Mumbai 400013 and printed at Spenta Multimedia Pvt Ltd, Peninsula Spenta, Mathuradas Mill Compound, N.M. Joshi Marg, Lower Parel (W), Mumbai 400013. Editor: Maneck Davar. HAIR is distributed solely by India Bookhouse Pvt Ltd. The views and opinions expressed or implied in HAIR are those of the authors and do not necessarily reflect those of Spenta Multimedia Pvt Ltd. HAIR takes all necessary care to ensure that information published in the magazine is accurate. However, readers are advised to take professional advice when undertaking any treatment or procedure featured in the magazine. Unsolicited articles and correspondence are sent at the owner's risk and the publisher accepts no liability for loss or damage. Material in this publication may not be reproduced, whether in part or in whole, without the consent of Spenta Multimedia Pvt Ltd. By submitting material, you consent to HAIR treating it in any format or medium throughout the world in perpetuity. HAIR reserves the right to shorten or modify any submitted material at its own discretion.

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Editor's letter



Dear Reader,

Warm woollen knits, fuzzy socks and a hot cup of cocoa—well, the winters aren't here yet but that doesn't mean we can't be excited about its arrival! Along with the rest of the fashion world, our prep for the new autumn/winter season starts a little early and so, with that in mind, we present to you our *Trend Transition* special.

When it comes to a change, the first thing I personally like to focus on is my hair colour—it's the quickest, most fun way to start any transition—and this issue is thus packed with tons of colour inspiration, as well as care

tips. If like me, you're ever-ready for a colour change, turn to *Fall Highlights*, where we list our top colour picks for the coming months. Since coloured hair deserves special maintenance, *Colour Crush* will help you address those needs perfectly.

We love that the hair industry is buzzing with activity at this time—global hair artists have showcased brand new trends, the best of which we have compiled in our Hair cover story *Hot Off The Ramps*.

When it comes to make-up, the biggest trend we have spotted (and thankfully so) is flaunting your own personal style. Every brand and every artist is emphasising on how make-up should be used to enhance your individuality and express yourself. To figure out just how this happens, we spoke to four leading make-up magicians in our Beauty cover story *When Beauty Celebrates Freedom*. Through their unique creations, these experts tell how they assert their freedom of expression through their work.

To sum it up, there's a lot you can do to elevate your hair and beauty game this season. While artists have charted out a guiding path, the decision lies with you—will you choose to follow their direction or will you carve your own style?

Heena

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**ON THE
COVER**

Collection: Echar Pils

Hair by: Michaela Campbell

Location: Wanaka, New Zealand

Photographer: Finna Quinn

Make Up Artist: Abbie Gardner

Stylist: Kari Donaldson



Looking for even
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EDGY APPEAL

There's more than one way to showcase your fiery spirit, and a statement haircut is definitely one of them. Deep black and glossy locks have been cut and styled in a graphic pattern, right from the fringe to the ends. Pair this blunt look with warm, dewy skin and a badass attitude, and let nothing stop you.

Wear the look: This exact cut can be a bit too extreme for you, so settle for a sharp razored bob instead. Strip your hair off all other colour and go in for a deep black hue, topped with a coat of hair gloss. Finish the look by styling it poker straight.

STYLEFLING

Inspired by the hot, flirty Cuban culture, hair artist Michaela Campbell shares the 'Echar Pila' Collection, which serves to be the perfect way to warm up for upcoming cold season.

Collection: Echar Pila Hair by: Michaela Campbell Location: Wanaka, New Zealand
Photographer: Fiona Quinn Make Up Artist: Abbie Gardiner Stylist: Kari Donaldson Words: Hena Desai



SULTRY CASCADES

There's nothing honestly more appealing than big, voluminous locks that fall unabashedly over your shoulders. With this look, the artist celebrates natural texture of the hair, letting them be and flow freely in their natural avatar.

Wear the look: Work a natural frizz-taming serum through your hair, especially at the ends. Tie a hair scarf and let your hair reign free. If you are troubled with limp locks, cheat a little and add volume by blow-drying and back-combing the hair.



TAIL ENDERS

Plain ponytails are boring, but they can be made interesting by adding some texture and throwing in an interesting hair accessory. After its stint in the '90s, the crimped texture has made a huge comeback last year, and it definitely makes a voluminous statement.

Wear the look: Begin by texturising your neatly trimmed hair using a hair crimper, only from the mid-lengths to the ends. Tie your hair in a ponytail and tie a hair scarf in the front section. Gently pull out some face-framing strands at the front to give your style a soft and feminine appeal.



CAREFREE CHIC

Don't fight messy hair—embrace it! Jump aboard the messy hair wagon with this carefree style, with its endless waves and wisps in every direction. Coloured in a deep brown-maroon hue, style freehand with a few tucks and let the hair do its own thing.

Wear the trend: You can either create the style with virgin textured hair or by cleverly curling bits to make it look messy. Tie the hair in a low ponytail. As all the cool young kids are doing, tuck some bits of the hair through your statement necklace and let the strands gently graze your neck and shoulders for added drama.